

Cathy Palm: Welcome to Tully Hill. Addiction is a chronic progressive disease. It's characterized by relapse and denial. It's a disease that tells you you don't have it. It's also non-discriminatory regardless of economic status, education, employment, or family. However, it's treatable and we have help here at Tully Hill.

Ken Smith: We understand how difficult it can be to ask for help but you've already taken the first step by acknowledging that you do need help in this area. We understand how difficult that can be and we also understand that there is hope and that we can help you achieve a better life that you're looking for. If we can't provide the services that you need we can refer you to someone who can. We not only are geared towards admissions here but we're geared towards helping anybody that gives us a call.

Paul Marron: Being treated at Tully Hill isn't a complicated process. You can call us, you can email us, you can live chat with us on our website. There's several ways to contact us. We also have an off hours call service available 24-7. What happens after that is we'll start a process with you, we'll gather some information, and it's reviewed by an admissions team.

Gregory Serfer: When a patient comes into Tully Hill for treatment of whatever issue they may be having with their substance use disorder we will evaluate them both from a nursing and a general medical standpoint. Whatever they need to make their recovery and treatment both safe and as comfortable as possible is provided.

Rick Caballero: Every other Wednesday we offer a cooking class which we have demonstration, show them some basic cooking techniques, and how to utilize say for example eggs. So, we'll do an egg demo and we'll teach them how to make omelets, and over easy, scrambled eggs. Just a simple ingredient that they can turn into something. It's a fun day. It's definitely a fun day for the patients.

Ken Smith: We are a highly regarded and well respected program in this area that focuses primarily on the 12 step principles of recovery. The skills that you will develop here related to a 12 step program will serve you well as you continue your journey once you complete treatment here. Since there are obvious benefits to having family involved in treatment it's

our philosophy to involve family members of patients right from the very beginning. Family members as well have been affected by the disease of addiction and we help family members understand the things that they can do to heal themselves as well.

Gregory Serfer: Patient population at Tully Hill is actually what I would consider and many would consider an ideal size, it's not too big and it's not too small. It's big enough to where the individuals during their counseling and psychotherapy really have a chance to interact with other individuals who have similar or the same problems that they have.

Paul Marron: It's very understandable for people who are working and needing and seeking treatment to be worried about their jobs. If you're coming in for treatment and you don't want your employer to know we honor that very much here at Tully Hill and we'll keep all the treatment confidential. Know that most employers support treatment, that most employers want their employees back sober and productive at work. We work directly with employers. If you are coming into treatment and your employer knows you're coming into treatment we will communicate your presence in treatment to your employer. We will communicate your progress and treatment to your employer and we'll communicate when your treatment is finished. We'll also arrange with you and your employer for a back to work date that's agreeable to everybody.

Paul Marron: Most insurance plans provide a substance abuse benefit for treatment here at Tully Hill. We also work with most insurance plans and we provide a self pay option in case you're uninsured. If you come into Tully Hill insured and employed and for whatever reason at discharge you may lose both of those or if you come into Tully Hill and you are uninsured and unemployed know that at Tully Hill we also can work to get you on an insurance plan when you do leave so that you'll have medical and other coverage.

Cathy Palm: We know how you feel and we know how to help. Alcohol and drug problems if left untreated only get worse over time. Having a drug and alcohol problem does not mean you are weak or a bad person. You have a disease, it's treatable. Reaching out for help is the first step to begin getting well.